



# Speech Pathology

for adults

Speech Pathology can help your family member to communicate, understand, and safely swallow food and drinks.

## What can speech pathology help with?

- Speech e.g. talking clearly
- Language e.g. talking and understanding what people say
- Voice e.g. husky or hoarse sounding voice
- Stuttering
- Mealtime support e.g. eating and drinking safely

## When will a speech pathologist see your family member?

A nurse or doctor will refer your family member to a speech pathologist if they have any difficulty talking, understanding, eating, or drinking.

## What will happen when your family member sees a speech pathologist?

The speech pathologist will talk with your family member and look at their strengths and difficulties with speech and language.

If they need help, the speech pathologist may do some activities with them. They may also visit during a meal time to see how your family member is going with eating and drinking. If they are having any trouble the speech pathologist may change their food and drink to something safer for them.

## Your local clinic:



For more information visit [www.iuih.org.au](http://www.iuih.org.au)

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