

# YOUR GUIDE TO TELEHEALTH

A GREAT WAY TO ACCESS HEALTHCARE



### WHAT IS TELEHEALTH?

Telehealth is a great way to access healthcare by using a phone or video call to yarn with your doctor or any of your health care providers – and it's now available across all of our clinics.

## WHAT SERVICES ARE AVAILABLE THROUGH TELEHEALTH?

Almost all clinic services are available through
Telehealth including the following routine appointments:

- Test results and post-op care
- Yarns with the Social Health team
- Management of chronic diseases
- Allied health consults
- · And much more!

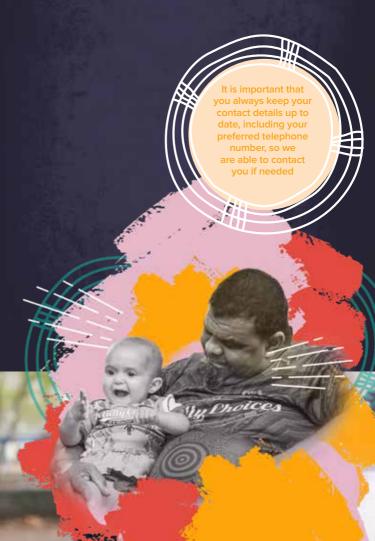
If you are not sure if telehealth is the right thing for you, just ask when you call your clinic to book your next appointment!



## WHAT OO I NEED?

To get started you will need a device that is connected to the internet, e.g. a mobile phone, laptop or tablet. If you have booked a video consult, you will need a device with a camera. If you're not sure whether you have the right device, ask your clinic for assistance.

When it is time for your appointment, find a quiet, private space with good lighting and click the link you received via SMS or email to start your appointment. It's that easy!





## VIDEO CONSULTS ARE BEST!

Telehealth video consults create an environment that is most like being in the clinic but without the cost and hassle of going to the clinic. You and your doctor will be in a private online consult room, offering you the same level of security as an appointment in the clinic.

To learn more about telehealth or to book a telehealth appointment contact us on 3240 8900 (press 4).







#### Aboriginal and Torres Strait Islander Community Health Service (ATSICHS) Brisbane

#### You can find us at

#### **Browns Plains**

20-24 Commerce Drive Browns Plains QLD 4118

**3240 8900** 

**3800 4316** 

#### Logan

41 Station Road Logan Central QLD 4114

**3240 8900** 

**A** 3290 5689

#### Loganlea

Unit 4, 653 Kingston Road Loganlea QLD 4131

**3240 8900** 

**A** 3805 1984

#### Northgate

313 Melton Road Northgate QLD 4013

**3240 8900** 

**A** 3256 6579

#### Woolloongabba

55 Annerley Road Woolloongabba QLD 4102

**3240 8900** 

**A** 3891 6149

#### Our clinic hours are

Monday I 8.30am-5.00pm

Tuesday to Saturday I 8.30am-4.30pm

Some clinics have extended opening hours. Visit our website for more information.

f 🗹 🎯 atsichsbris