**HEALTH CHECK (715)** 



# IMVE YOU IMPYOUR IEALTH CHECK?

Aboriginal and Torres Strait Islander mob are eligible for a free health check (715) every 9-12 months.

# What is a health check?

A health check is an overall assessment of your health including your physical, mental and social wellbeing.

# What happens at a health check?

A health check takes a little longer than a normal appointment (about 45 minutes). You'll have a yarn with an Aboriginal Health Worker or

Registered Nurse and a GP and they'll ask you questions about your health and may carry out tests including:

- hearing and eyesight
- oral health and hygiene
- social health and wellbeing
- physical health and nutrition
- immunisation status
- a physical examination
- medical history including medications and allergies
- general health, e.g. blood pressure, weight, height.



After your health assessment your GP may provide advice and further information or create a care plan for you. This care plan may include follow-up treatment with an allied health professional or specialist if needed.

# Why have a health check?

Health checks are all about preventative health – not just seeing the doctor when you are sick but visiting them to detect, prevent or better manage chronic disease and remain healthy.

Everyone who gets a health check at an ATSICHS Brisbane clinic can choose a Deadly Choices jersey. Each year there are different designs to select.

Make an appointment TODAY





Aboriginal and Torres Strait Islander Community Health Service (ATSICHS) Brisbane

You can find us at

### **Browns Plains**

20-24 Commerce Drive Browns Plains QLD 4118

**3240 8900** 

**A** 3800 4316

### Logan

41 Station Road Logan Central QLD 4114

**3240 8900** 

**A** 3290 5689

### Loganlea

Unit 4, 653 Kingston Road Loganlea QLD 4131

**3240 8900** 

**A** 3805 1984

## Northgate

313 Melton Road Northgate QLD 4013

**3240 8900** 

**A** 3256 6579

### Woolloongabba

55 Annerley Road Woolloongabba QLD 4102

**3240 8900** 

**A** 3891 6149

### Our clinic hours are

Monday I 8.30am-5.00pm

Tuesday to Saturday I 8.30am-4.30pm

Some clinics have extended opening hours. Visit our website for more information.

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