

## OUR TEAM CAN HELP YOU WITH

Outreach services

Managing the day-to-day running of your house

Putting together daily routines

Making sure you and your kids are eating good tukka

Linking you up to parenting programs

Emotional support

– there's no shame
in talkin' about it

Child/parent relationship and communication

MAN

Understanding your kids' development and needs

Budgeting

Health care
and getting you
access to services
that you need

Housing

Information on other services/ programs that can also help and support you Alternative forms of discipline for children

**Get in contact** 

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