# What is Mob Link?

Mob Link is an initiative of the Institute for Urban Indigenous Health to support Aboriginal and Torres Strait Islander people living in SEQ by linking you with health and social services.

# Navigating the system

We all know navigating the health system can be difficult, particularly if you've got multiple appointments or need help getting access to services.

With Mob Link, we can support you to connect with a wide range of services across our Network of Clinics and within the hospital system.

## How to access the service?

Mob Link is available to Aboriginal and Torres Strait Islander Mob living throughout South East Queensland.

### Just call Mob Link on **1800 254 354** if you have any questions or want to learn more about the service.

Mob Link is available 7 days a week from 7am – 7pm and is staffed by a deadly team of Intake Officers, Nurse, Doctors and Social Workers from across the region. When you call, our Intake Officers will yarn with you to work out what you need.

Whether you cant get in to see your regular GP and need a telehealth appointment, are discharging from hospital and need help with medication or transport, or you've got Mob in hospital and need advocacy support our team are there for you.





Speak to one of our deadly nurses and GP's if you are unable to get an appointment with your regular GP.

#### Services offered:

- Regular prescriptions
- Coughs, colds, flu and COVID
- Medical certificates
- Early pregnancy support
- Mental Health Support
- Health Advice

Referral to IUIH Home Support and other Aged Care community providers including for Regional Assessment Service (RAS) registration and assessment



and quality of life.