

BOWEL CANCER SCREENING

START FROM AGE 45

THE FACTS

Bowel cancer is the second deadliest cancer affecting **1 in 14 Australians**.

It is treatable and beatable when detected early, highlighting the importance of screening.

Regular testing is critical because there may be no symptoms during the early stages of bowel cancer. Start testing from age 45 and screen every two years.

Screening is a simple process and can be done in the comfort of your own home with a free take home kit. **Ask to speak with a health worker at any of our clinics or collect a take home kit at reception.**

ABOUT THE TEST KIT

The screening kit tests for signs of bowel cancer by looking for non-visible blood in poo.

It involves taking samples from two bowel motions within the comfort of your own home. These samples are then posted to a pathology lab for analysis and if blood is detected, further tests may be required.



Scan this QR code to hear from Nurse Kealy about how the test kit works.



OUR CLINICS

Browns Plains

20-24 Commerce Drive
(Cnr Eastern Road and Webber Drive)
Browns Plains QLD 4118
☎ (07) 3240 8900
📄 (07) 3800 4316

Logan

41 Station Road
Logan Central QLD 4114
☎ (07) 3240 8900
📄 (07) 3290 5689

Loganlea

Unit 4 | 653 Kingston Road
Loganlea QLD 4131
☎ (07) 3240 8900
📄 (07) 3805 1984

Northgate

313 Melton Road
Northgate QLD 4013
☎ (07) 3240 8900
📄 (07) 3256 6579

Woolloongabba

55 Annerley Road
Woolloongabba QLD 4102
☎ (07) 3240 8900
📄 (07) 3891 6149



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BOWEL & CERVICAL CANCER SCREENING

EARLY DETECTION SAVES LIVES



SYMPTOMS OF BOWEL CANCER MAY INCLUDE:

- A change in bowel habit such as diarrhoea, constipation or the feeling of incomplete emptying
- A change in the shape or appearance of your poo
- Blood in your poo
- Abdominal pain or swelling
- Pain or a lump
- Weight loss
- Unexplained fatigue or anaemia causing tiredness and weakness

CERVICAL CANCER SCREENING

START FROM AGE 25

THE FACTS

Cervical cancer is one of the most preventable cancers.

It's recommended to start screening at age 25 and complete a cervical cancer screening test every five years.

The screening test looks for the presence of the human papillomavirus (HPV). An HPV infection that doesn't clear up can cause changes in the cells of the cervix and may eventually lead to cervical cancer.

It's important to complete the screening test every five years even if you are vaccinated against HPV, are not sexually active or have only ever been with one sexual partner.

You can make an appointment to have the cervical screening test completed by a doctor or nurse at any of our clinics, or if preferred, you can choose the self-collection option.

Ask to speak with a health worker at any of our clinics or collect a take home kit at reception.

ABOUT THE SELF-COLLECTION OPTION

The self-collection option allows you to take a sample yourself at home with a kit that includes a long cotton swab and instructions.

Once you have collected the sample, you can drop it at any pathology collection centre for analysis.

Your doctor will then discuss the results with you at your next appointment.

MAKING A SCREENING APPOINTMENT OR COLLECTING A TAKE HOME KIT CAN SAVE LIVES.

DON'T GET CAUGHT BY SURPRISE. MAKE SCREENING A PRIORITY.

MAKING AN APPOINTMENT

Call us on **(07) 3240 8900** to make an appointment.

We also accept walk-in appointments. However, booked appointments and emergencies will always take priority. When you arrive for your appointment, please advise reception.

If you would like to collect a take home test kit instead, please ask at reception.

